

# OSHA 10- & 30-Hour Course

## WHEN

MONDAY, JANUARY 29TH -  
THURSDAY, FEBRUARY 1ST  
8 A.M. - 4:30 P.M.  
(10-HR. ENDS 11 A.M. TUESDAY)

## WHERE

RED LION HOTEL HARRISBURG  
EAST  
(FORMERLY HOLIDAY INN)  
4751 LINDLE ROAD  
HARRISBURG, PA 17111

## COST

ASA MEMBERS 10-HR: \$200  
NON-MEMBERS 10-HR: \$400  
ASA MEMBERS 30-HR: \$400  
NON-MEMBERS 30-HR: \$600

Click Here to Register:  
<http://conta.cc/2AEBW0I>

**What courses are being offered:** Two courses, one 10 hours long and a second 30 hours long, covering many OSHA regulations and providing insights into compliance requirements, reporting requirements, enforcement, penalties, general facility safety and techniques to use to minimize injuries and illnesses, to report them and to maintain a safe and healthy workplace.

**Why should you attend:** To comply, to cut injuries and illnesses and to establish/maintain an effective health and safety program. **Each attendee will receive a certificate of completion from ASACP and a Wallet Card showing attendance from OSHA.**

**What's Included:** Each attendee will receive a required 8-page handout of the training materials and a certification of completion from ASACP and the OSHA 10- or 30-hour Wallet Card as appropriate.

**Breakfast, Lunch and Beverages are included.** OSHA Standards books are provided for use during the training. Training Manuals are not provided and not required, but may be purchased during registration for an additional fee.

**Trainer:** ASACP's Chapter Safety Consultant, Mr. Dennis Buck, CHCM, CSM, CHST, OSHA Consultation Program Consultant (31 years, retired), Principal, Buck & Associates, and the former regional representative of the PA OSHA Consultation Program, has an engaging training style and knows the regs inside and out. He is very reasonable in his approach to OSHA compliance and will draw on his 30+ years experience to educate the trainees. He will provide practical answers to questions and tell stories based on his experience to illustrate his points. The experience is substantially richer than on-line training alternatives, which is why OSHA favors this approach and makes it worth the registration fee. Denny has conducted more than 100 of these 10- and 30-hour courses.

**Course Description:** Safety in the workplace is a must if you want your employees to be productive and your company profitable. Injuries and illnesses caused by unsafe acts and unsafe conditions are likely to happen when training, written programs, and procedures are not planned and implemented. This 10-hr & 30-hr OSHA Outreach Training for General Industry program focuses on SAFE management principles that can make your company both compliant with OSHA and a safe place to work. The OSH Act, PPE, Electrical Safety, Machine Guarding and the new Hazard Communication Rule (GHS) are some of the topics addressed in these programs. During the training, you will learn the 3 main elements in any successful safety program. For example, do you know which OSHA rules require annual training? Which OSHA regulations require written programs? Do you know how to provide forklift training? How are scissor lifts regulated? Did you know that a lost time burn injury is estimated to cost you more than \$57,000? Citations can cost you from several hundred to quite a few thousand dollars each - all avoidable by taking simple steps in a sustainable safety program. [Please see registration page for further information.](#)

**Note:** The 30-hour course, picks up from where the 10-hour course leaves off, covering new ground on topics highlighted during the OSHA 10-hour course and new topics not previously covered.